

# VA Mental Health Services & Vet Center Services

For *Returning Veterans* and their *Families*



Counseling Services  
For Veterans and  
Their Families  
Contact  
Your Local  
OEF/OIF/OND  
Program Manager

[www.oefoif.va.gov/caremanagement.asp](http://www.oefoif.va.gov/caremanagement.asp)

*or*  
Contact  
The  
Vet Center  
Combat Call  
Center

[www.vetcenter.va.gov](http://www.vetcenter.va.gov) | 1-877-WAR-VETS (927-8387)

Department of Veterans Affairs



### 1. *Did you know there are services for your family?*

*The Caregivers and Veterans Omnibus Health Services Act, Section 304 provides authorization for a wide range of services to Veterans of Operation Enduring Freedom (OEF), Operation Iraqi Freedom (OIF), Operation New Dawn (OND) and members of their immediate families including: peer outreach, peer support, readjustment counseling and mental health services.*



### 2. *How long do I or my family have access to these services?*



*Services are authorized for a three (3) year period beginning on the date of a Veteran's return to begin the readjustment to civilian life, in the recovery of an injury or illness incurred during deployment, and the readjustment of the family following a Veteran's return. Readjustment Counseling for Veterans and their families is*

*available at Vet Centers without time limitation and at no cost.*

### 3. *What if we do not live near a VA medical facility?*



*Telemental health has increased access to mental health services using clinical video teleconferencing to bring services to Veterans at the Community Based Outpatient Clinics, and most recently to their homes. Telemental health and fee*

*basis care may be options for you and your family. You may inquire about these options when you call to make arrangements for an appointment.*



### 4. *How do I or my family schedule an appointment?*

*To make arrangements for counseling services, please contact your local OEF/OIF/OND Program Manager or contact the Vet Center Combat Call Center at **1-877-WAR-VETS (927-8387)**. Please use the following link to locate your local OEF/OIF/OND Program Manager: <http://www.oefoif.va.gov/caremanagement.asp>*



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**Department of Veterans Affairs  
Veterans Health Administration  
Office of Patient Care Services  
Mental Health Services**

**Visit our Website:**

[www.mentalhealth.va.gov](http://www.mentalhealth.va.gov)

**Readjustment Counseling Service  
Vet Center Program  
877-WAR-VETS (927-8387)  
<http://www.vetcenter.va.gov>**



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