

## The Alcohol Use Disorders Identification Test (AUDIT-C)

The Alcohol Use Disorders Identification Test (AUDIT-C) is an alcohol screen that can help identify patients who are hazardous drinkers or have active alcohol use disorders (including alcohol abuse or dependence).

<b>Q1: How often did you have a drink containing alcohol in the past year?</b>	
<b>Answer</b>	<b>Points</b>
Never	0
Monthly or less	1
Two to four times a month	2
Two to three times a week	3
Four or more times a week	4
<b>Q2: How many drinks did you have on a typical day when you were drinking in the past year?</b>	
<b>Answer</b>	<b>Points</b>
None, I do not drink	0
1 or 2	0
3 or 4	1
5 or 6	2
7 to 9	3
10 or more	4

## The Alcohol Use Disorders Identification Test (AUDIT-C) - Continued

<b>Q3: How often did you have six or more drinks on one occasion in the past year?</b>	
<b>Answer</b>	<b>Points</b>
Never	0
Less than monthly	1
Monthly	2
Weekly	3
Daily or almost daily	4

The AUDIT-C is scored on a scale of 0-12 (scores of 0 reflect no alcohol use). In men, a score of 4 or more is considered positive; in women, a score of 3 or more is considered positive. Generally, the higher the AUDIT-C score, the more likely it is that the patient's drinking is affecting his/her health and safety.

### Reference:

World Health Organization. (2001). *The Alcohol Use Disorders Identification Test: Guidelines for Use in Primary Care (2<sup>nd</sup> Ed)*. Author.