The 2014 state data sheets contain the most up-to-date Veteran suicide information for all 50 states, the District of Columbia, and Puerto Rico. These sheets have been updated to reflect the U.S. Department of Veterans Affairs’ expanded analysis of suicide rates and include data that has become available since the last update in 2017.

This Virginia Veteran Suicide Data Sheet is based on a collaborative effort among the U.S. Department of Veterans Affairs (VA), the U.S. Department of Defense (DoD), and the National Center for Health Statistics (NCHS). The statistics herein are derived from multiple data sources, including the VA Office of Enterprise Integration, the VA Serious Mental Illness Treatment Resource and Evaluation Center, VA Post-Deployment Health Services, the VA Center of Excellence for Suicide Prevention, and the Defense Suicide Prevention Office. Cause of death was identified through the NCHS National Death Index (NDI). For additional information, please email Dr. Megan McCarthy, National Deputy Director for Suicide Prevention, VA Office of Mental Health and Suicide Prevention, at megan.mccarthy@va.gov.

### Virginia Veteran Suicide Deaths, 2014

<table>
<thead>
<tr>
<th>Sex</th>
<th>Veteran Suicides</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total</td>
<td>172</td>
</tr>
<tr>
<td>Male</td>
<td>160–170</td>
</tr>
<tr>
<td>Female</td>
<td>&lt;10</td>
</tr>
</tbody>
</table>

Because some of Virginia’s Veteran populations are relatively small, suicide deaths are presented in ranges rather than precise counts to protect confidentiality.

### Virginia, Southern Region, and National Veteran Suicide Deaths by Age Group, 2014

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Virginia Veteran Suicides</th>
<th>Southern Region Veteran Suicides</th>
<th>National Veteran Suicides</th>
<th>Virginia Veteran Suicide Rate</th>
<th>Southern Region Veteran Suicide Rate</th>
<th>National Veteran Suicide Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total</td>
<td>172</td>
<td>2,492</td>
<td>6,260</td>
<td>23.1</td>
<td>28.5</td>
<td>29.7</td>
</tr>
<tr>
<td>18–34</td>
<td>26</td>
<td>310</td>
<td>734</td>
<td>29.2</td>
<td>33.3</td>
<td>35.5</td>
</tr>
<tr>
<td>35–54</td>
<td>54</td>
<td>694</td>
<td>1,775</td>
<td>22.5</td>
<td>29.0</td>
<td>33.6</td>
</tr>
<tr>
<td>55–74</td>
<td>59</td>
<td>952</td>
<td>2,342</td>
<td>19.8</td>
<td>25.9</td>
<td>26.0</td>
</tr>
<tr>
<td>75+</td>
<td>33</td>
<td>534</td>
<td>1,405</td>
<td>27.7</td>
<td>30.8</td>
<td>29.9</td>
</tr>
</tbody>
</table>

After accounting for differences in age, the Veteran suicide rate in Virginia was significantly lower than the national Veteran suicide rate.

U.S. Department of Veterans Affairs
Veterans Health Administration
Office of Mental Health and Suicide Prevention
Data presented herein is based on the U.S. adult population age 18 or older. National and regional statistics presented include the contiguous United States, Alaska, and Hawaii. The total state, regional, and national counts and rates presented are for the general U.S. population, which includes both Veterans and non-Veterans.

Suicide rates presented are the number of suicide deaths in 2014 divided by the estimated population, multiplied by 100,000. Veteran suicide data was obtained from the VA/DoD Joint Suicide Data Repository (SDR), and counts of suicides among the general U.S. population were obtained from CDC Wide-ranging ONline Data for Epidemiologic Research (WONDER). Veteran suicide rates are calculated using the Veteran Population Projection Model 2016 (VetPop2016) population estimates. General U.S. population rates are calculated using the U.S. Census Bureau American Community Survey (ACS) one-year estimates. Age-specific counts may not sum to the total counts because a small number of deaths with unavailable age information are included in the total counts and rates, but are not included in age-specific counts, age-specific rates, or age-adjusted rates.

Rates are marked with an asterisk (*) when the rate is calculated from fewer than 20 deaths. Rates based on small numbers of deaths are considered unreliable because a small change in the number of deaths might result in a large change in the rate. Because suicide rates based on fewer than 20 suicide deaths are considered statistically unreliable, any comparisons between age-adjusted rates and underlying age-specific rates based on fewer than 20 suicide deaths should also be interpreted with caution. Significance testing is based on the direct age-adjusted rates, using the 2000 standard U.S. population.

Suicide deaths for this data sheet are based on the underlying cause of death listed on the state death certificate as recorded in the SDR. Underlying cause of death, based on the International Classification of Diseases 10th revision (ICD-10), is defined as (a) the disease or injury that initiated the train of events leading directly to death, or (b) the circumstances of the accident or violence that produced the fatal injury. The ICD-10 codes used to define suicide deaths are X60–X84 and Y87.0.

Rates presented are unadjusted rates per 100,000. To protect privacy, and prevent revealing information that may identify specific individuals, counts and rates are suppressed when based on 0-9 people. Rates calculated with a numerator of less than 20 are considered statistically unreliable, as indicated by an asterisk (*).

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